

Advances in Celiac Disease: Improving Pediatric and Adult Care, 2022.

Editors: Jorge Amil Dias and Isabel Polanco

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Here is a book¹ every doctor needs to read.

A book on celiac disease is always an asset for disseminating knowledge on this disease. The Portuguese editor of this worthwhile book has brought pride to Portuguese pediatricians, the Sociedade Portuguesa de Pediatria, and the Sociedade Portuguesa de Gastroenterologia, Hepatologia e Nutrição Pediátrica. The editors of the book are Professor Isabel Polanco from Spain, who has dedicated her professional life to celiac disease, and Dr. Jorge Amil Dias, the current president of the College of Pediatrics of the Ordem dos Médicos. Dr. Jorge Amil Dias is also the most internationally renowned Portuguese pediatric gastroenterologist and the past secretary and treasurer of the European Society for Paediatric Gastroenterology Hepatology and Nutrition (ESPGHAN).

The Portuguese Journal of Pediatrics has invited me for this book review.

The editors authored the first chapter. Dr. Ana Fernandes and Professor Ana Isabel Lopes from Portugal authored a chapter. Professor Isabel Polanco invited colleagues from Spain to write seven chapters. The book also includes chapters authored by Italian colleagues such as Carlo Catassi, Riccardo Troncone, and Stefano Guandalini. Professor Raanan Shamir from Israel, the former ESPGHAN president, also penned a chapter.

The book consists of 16 chapters:

- Celiac disease: background;
- Epidemiology of celiac disease;
- Classical and non-classical forms of celiac disease in pediatrics;
- Immunopathogenesis of celiac disease;
- Autoimmunity and celiac disease;
- Value and use of serologic markers of celiac disease;
- Histopathological assessment of celiac disease;
- Value and use of genetic test of celiac disease;
- Gluten-free diet;
- Follow-up of pediatric patients with celiac disease;

- Celiac disease prevention;
- How to organize the transition from pediatric care to adult health care;
- New therapeutic strategies in celiac disease;
- Quality of life in celiac disease;
- New fields of research in celiac disease;
- Non-celiac wheat sensitivity.

As an additional contribution to spreading knowledge about celiac disease in Portugal, this high-quality book offers good information. Hence, this book review, provided by the Portuguese Society of Pediatrics, aims to publicize this informative book to all pediatricians to extend their knowledge of celiac disease.

I wish the Sociedade Portuguesa de Gastroenterologia, Hepatologia e Nutrição Pediátrica would do the same since the editor Dr. Jorge Amil Dias has been a former president and associate of this society.

As the editor and president of the College of Pediatrics, Dr. Jorge Amil Dias could help disseminate this book to the Portuguese societies of gastroenterology, neurology, gynecology and obstetrics, dermatology, orthopedics, hematology, and the associations of general and family medicine, stomatology and dentistry, and the Associação Portuguesa de Celíacos, thus, contributing to increasing the diagnostic skills and bringing the celiac disease incidence closer to its prevalence in Portugal.

I congratulate Dr. Jorge Amil on being the editor of a book covering several topics on one of the most prevalent autoimmune diseases. Even if this book can help a doctor diagnose a single celiac patient, it would be worth the work since saving a life is what really matters the most.

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HA is the sole responsible for the article conception and manuscript preparation and ensures that questions related

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to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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Protection of human and animal subjects

The authors declare that the procedures followed were in accordance with the regulations of the relevant clinical research

ethics committee and with those of the Code of Ethics of the World Medical Association (Declaration of Helsinki 2013).

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Confidentiality of data

The authors declare that they have followed the protocols of their work centre on the publication of patient data.

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